

Plastic AFOs



Key Benefits

- Custom fabricated to meet your unique medical needs
- Extremely versatile and effective for many medical conditions
- Can be used with your own pre-approved shoe or CFI can provide one for you
- Brace can be moved from shoe to shoe to match you daily wardrobe
- Most health insurance plans will provide coverage for this type of device

General Description –

An AFO is a device that supports the ankle and foot area of the body and extends from below the knee down to and including the foot. This device is used to control instabilities in the lower limb by maintaining proper alignment and controlling motion. A plastic AFO is a custom fabricated, molded plastic device that encloses the back of the calf and bottom of the foot. It can be fabricated with or without ankle motion and is worn inside a lace-up shoe. A plastic AFO is generally used with patients suffering from neurological or orthopedic conditions.

Examples of neurological conditions would be a stroke, multiple sclerosis, or cerebral palsy. In these cases, an AFO functions by providing proper alignment of the affected joints to overcome weakness or muscle imbalances.

Examples of common orthopedic conditions would be fractures, severe sprains, or arthritis. Patients who may have pains in the foot and ankle area due to trauma or other reasons may benefit from an AFO since it immobilizes that part of the body, permitting it to heal, and reduces pain associated with movement.