

Arizona Ankle-Foot Orthosis (AFO)



Key Benefits

- Relieves pain
- Improves mobility
- Provides an alternative to surgery
- Corrects alignment of foot/ankle
- Provides extra support for overweight
- Easy to don
- Comfortable to wear

General Description

The Arizona AFO is a clinically tested ankle brace for the treatment of posterior tibialis tendon dysfunction (PTTD) and other disorders of the foot. It has been tested to be 90% effective at treating PTTD as an alternative to surgery.

The brace fits into a comfort shoe and stabilizes the ankle area through the mid-foot. It provides medial and lateral stability and reduces forefoot abduction or adduction. Lace or Velcro™ closures make the brace easy to wear and adjust.

The brace's patented design relieves pain of the foot and ankle complex and increases mobility for

those suffering from –

- Ankle arthritis or degenerative joint disease (DJD)
- Foot or ankle trauma
- Posterior tibial tendon dysfunction (PTTD)
- Charcot foot
- Drop foot
- Sports injuries such as chronic ankle sprains
- Chronic Achilles tendonitis
- Severe pronation or pes planus

Consult your practitioner for instructions for putting on your brace and making appropriate comfort adjustments.